

## New Mobile Apps Target Alcohol Abuse and Depression

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New apps help patients predict common disorders and take action.

The Doctor Says Inc., a doctor-led mobile health app developer, today introduced new tools to help patients screen for and take action on alcohol abuse and depression.

The new apps - The Alcohol Abuse Predictor and The Depression Predictor- use research-based questionnaires to help patients determine if they are at risk from these commonly experienced disorders, get information, and seek medical treatment.

"Our goal is to put information into the hands of patients and help them get the help they need to overcome common but serious disorders," remarked Dr. Christopher Culligan, CEO of The Doctor Says.

The apps are available immediately for Android smartphones via [www.thedoctorsays.com](http://www.thedoctorsays.com) , and will be available soon for iOS (Apple) and Blackberry devices.

Two more apps, The Anxiety Predictor and The Predicktor, will be released soon.

Source: [The Doctor Says Inc.](http://www.thedoctorsays.com)