

SPOTLIGHT: NCADD Affiliate First Call's Mobile CCL Changes the Face of Recovery



We all are used to hopping onto the Internet when faced with a question and need an answer.

We visit sites like Wikipedia, WebMD and Google to get to the bottom of everyday conundrums:

What sort of bug bite is this?

Who was America's 13th President?

How do I get to Jim's House?

But what if the question is about getting help for a substance use disorder?

Now people in the Greater Kansas City, MO area seeking recovery can be directed to Mobile CCL (www.mobileccl.org), an online resource which integrates an innovative web-based portal. Mobile CCL was developed by NCADD Affiliate, First Call Alcohol/Drug Prevention & Recovery, and was made possible by a grant from the United States Substance Abuse and Mental Health Administration (SAMHSA). The grant focuses on using technology to allowing people to "Google" their way to a path of recovery from a substance use disorder.

Mobile CCL is a client portal, essentially a "window" into a client's Community CareLink file. Community CareLink is a web-based electronic behavioral health



record currently being utilized by a strong network of treatment and recovery-support providers in the Kansas City metro area as well as other providers around the nation.

Mobile CCL enables clients to complete assignments as well as track personalized treatment plan tasks; view substance use disorder assessment data; stay on track with their treatment plan goals; stay connected to their counselor through confidential messaging; and, complete recovery-related assignments. Clients can also update contact information and ensure that other general information is up to date. Once a client creates an account in Mobile CCL, they can stay in touch and work securely with their counselor throughout. Most importantly, the mobile tool helps clients to take charge of their own recovery.

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There are other ways that people can get involved with the project, too—in fact, any person who walks into First Call is eligible to enroll and work with their counselor by using Mobile CCL technology.

First Call initiated this program, with the support of SAMSHA, and is working with partner agencies to offer these mobile services to all individuals who are seeking recovery in Kansas City and beyond.

Additionally, First Call is also working to train professionals in the addiction field to take advantage of client motivation through Motivational Enhancement Therapy (MET). MET, an evidence based practice, is a counseling approach that helps individuals resolve their ambivalence about engaging in substance abuse treatment.

As a part of the SAMHSA grant, First Call is offering regular training in Motivational Enhancement/Motivational Interviewing to treatment and recovery support providers in the Kansas City area. This important therapeutic modality helps counselors encourage clients to engage in a recovery partnership using the portal.

Please contact First Call if you are interested in learning more about Mobile CCL and how you can get involved.

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