NCADD
NATIONAL COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE, INC.

NCADD Recognizes 78th Anniversary of Alcoholics Anonymous

Alcoholics Anonymous (A.A.) got its start at a meeting on June 10, 1935 in Akron, Ohio, between a businessman named Bill Wilson and a physician, Bob Smith.

"Bill W" and "Dr. Bob," as they are now known, were alcoholics.

Smith stopped drinking after he met Wilson, whose success inspired him. Determined to help other problem drinkers, the men soon published what has become known as "The Big Book," which spelled out their philosophy, principles and methods, including the now famous 12-step method. Alcoholics Anonymous was the book's official title and also became the name of the organization that grew from it.
In its 78 years of existence, A.A. has helped millions of people to recovery from the disease of alcoholism. Today, the organization is comprised of almost 115,000 groups and over 2.2 million members in 170 countries worldwide.

NCADD President and CEO Robert J. Lindsey noted that "By taking the 12 steps and working the principles of the steps into all parts of their lives, A.A. members find they can develop the tools and attitudes they need to remain sober."

Mr. Lindsey added "we are thankful that A.A. because in its 78 years in existence, the organization has helped millions of men and women throughout the world, and in all walks of life, find a new and satisfying way of life without alcohol."

NCADD is America's oldest national advocacy health organization dealing exclusively with alcoholism and drug dependence. Founded in 1944 by Marty Mann, the first woman to achieve long-term sobriety in Alcoholics Anonymous, NCADD continues to be the national voice for those suffering from alcoholism and drug dependence.

Which is why we strongly believe that it is critical to remember that addiction is a chronic illness and recovery is a lifelong process. The likelihood of sustained recovery is significantly improved after a year of continued abstinence.

The chances of achieving this milestone are greater with the support of family and friends and a "recovery network of peers" such as Alcoholics Anonymous.

To gain an addiitonal understanding of Alcohol and Alcoholism, please click here.