

## Teens Who Use E-Cigarettes More Likely to Smoke Real Cigarettes

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Teens who use e-cigarettes are more likely than their peers who do not use the devices to smoke regular cigarettes, a new study finds.

They are also less likely to quit smoking, *The New York Times* reports.

Experts disagree about the implications of the findings, the article notes.

Stanton Glantz of the University of California, San Francisco, who led the study, said the results suggest e-cigarettes lead to less quitting. "The use of e-cigarettes does not discourage, and may encourage, conventional cigarette use among U.S. adolescents," the researchers wrote in the journal *JAMA Pediatrics*.

In a news release, Glantz said, "It looks to me like the wild west marketing of e-cigarettes is not only encouraging youth to smoke them, but also it is promoting regular cigarette smoking among youth."

Other experts said it is possible young people who use e-cigarettes are heavier smokers to begin with, or would have become heavy smokers anyway. They add e-cigarettes may not be the cause of teens' problems with quitting smoking.

While some experts say e-cigarettes may help people quit smoking regular cigarettes, others are concerned the devices are a gateway to smoking real cigarettes.

A large government survey published last year found many young people who use e-cigarettes also smoke real cigarettes. While e-cigarette use among teens doubled from 2011 to 2012, use of regular cigarettes among this age group hit a record low of 9.6 percent in 2013, according to the newspaper.