

## Positive Parenting Prevents Drug Abuse

---



Families strive to find the best ways to raise their children to live happy, healthy and productive lives.

Parents are often concerned about whether their children will start or are already using drugs such as tobacco, alcohol, marijuana, and others, including the abuse of prescription drugs.

Research supported by the National Institute on Drug Abuse (NIDA) has shown the important role that parents play in preventing their children from starting to use drugs.

Five questions, developed by the Child and Family Center at the University of Oregon, highlight parenting skills that are important in preventing the initiation and progression of drug use among youth.

For each question, a video clip shows positive and negative examples of the skill and additional videos and information are provided to help you practice positive parenting skills.

Check out <http://www.drugabuse.gov/family-checkup> for additional details.

To learn how to take an active role in your child's life, [click here](#). Or, to read some Stories from Parents, [please click here](#).