

NCADD Alcohol Awareness Month: APRIL

NCADD Announces 2015 NCADD Alcohol Awareness Month Theme - "For the Health of It: Early Education on Alcoholism and Addiction"

**Alcohol Awareness – The Key to Community Change, Personal and Family Recovery
29 Years of Improving and Saving Lives Through Prevention, Treatment and Recovery**



Each April since 1987, the National Council on Alcoholism and Drug Dependence, Inc. (NCADD) sponsors NCADD Alcohol Awareness Month to increase public awareness and understanding, reduce stigma and encourage local communities to focus on alcoholism and alcohol-related issues. This April, NCADD highlights the important public health issue of underage drinking, a problem with devastating individual, family and community consequences.

With this year's theme, "**For the Health of It: Early Education on Alcoholism and Addiction**," the month of April will be filled with local, state, and national events aimed at educating people about the treatment and prevention of alcoholism. [Local NCADD Affiliates](#) as well as schools, colleges, churches, and countless other community organizations will sponsor a host of activities that create awareness and encourage individuals and families to get help for alcohol-related problems.

[Alcohol use by young people](#) is extremely dangerous—both to themselves and to society, and is directly associated with traffic fatalities, violence, suicide, educational failure, alcohol overdose, unsafe sex and other problem behaviors, even for those who

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may never develop a [dependence or addiction](#). Adolescence is a time of heightened risk taking and young people may not be fully prepared to anticipate all the consequences of drinking alcohol, such as swigging drinks to “celebrate” a special occasion, or being in a car with a driver who has been drinking. Alcohol is the number one drug of choice for America’s youth, and is more likely to kill young people than all illegal drugs combined.

Reducing underage drinking is critical to securing a healthy future for America’s youth and requires a [cooperative effort](#) from parents, schools, community organizations, business leaders, government agencies, the entertainment industry, alcohol manufacturers/retailers and young people themselves.

“Underage drinking is a complex issue,” says Andrew Pucher, President and Chief Executive Officer of NCADD, “one that can only be solved through a sustained and cooperative effort. As a nation, we need to wake up to the reality that for some, alcoholism and addiction develop at a young age and that intervention, treatment, and [recovery support](#) are essential for them and their families,” says Pucher. “We can’t afford to wait any longer.”

In support of the [NCADD National Network of Affiliates](#) and other organizations who want to work in support of the campaign, NCADD has developed the following **NCADD Alcohol Awareness Month resource materials**:

[Organizer’s Guide](#) (23 pages) includes:

- Theme, History, Stigma and Links to Additional Resources
- Sample Proclamation
- Sample Media Advisory and News Release
- Sample PSA scripts
- Sample Op-Ed Newspaper article
- Sample Letter to Editor
- Suggested Grassroots Community Activities: States, Communities, Schools, Students, Colleges, Media, Religious Organizations and Parents

Alcohol Free Weekend: April 3-5, 2015

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An integral part of Alcohol Awareness Month is **Alcohol-Free Weekend (April 3-5, 2015)**, which is designed to raise public awareness about the use of alcohol and how it may be affecting individuals, families, and the community. During this seventy-two-hour period, NCADD extends an open invitation to all Americans, young and old, to participate in three alcohol-free days and to use this time to contact local [NCADD Affiliates](#) and other alcoholism agencies to learn more about alcoholism and its early symptoms.

See Also:

[Drinking Too Much Too Fast Can Kill You](#)

[NCADD's Self-Test for Teenagers](#)

[Facts About Underage Drinking](#)

["I Wasn't Having Fun Anymore"](#)

[Stories of Recovery](#)

[Underage and College Drinking](#)

[Ten Tips for Prevention](#)

[Family History and Genetics](#)

[Alcohol Energy Drinks](#)